

HEADING BACK HOME AT AGE 27 AUTHOR RETURNS TO THE NEST (page 12)



BRANDY **DREAMING OF THE** DANCE FLOOR (page 9)

CALGARY ® netra

Monday, September 20, 2010 www.metronews.ca



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Weakened Igor hits Bermuda

Fierce waves pounded Bermuda's breakwaters and shores last night, straining yacht moorings and battering oceanfront hotels as a weakened hurricane Igor lashed the wealthy British enclave in the Atlantic Ocean.

Terry Fox Run turns 30

Calgarians, Canadians mark occasion (page 3)

Maybe it is rocket science

NASA scientist to testify on oilsands project (page 7)

Rave crowd on defensive

Ocops were called to event at 11 p.m. Saturday in Symons Valley Ranch D Emergency response times across city slowed as result • Calgary police looking into possible charges, including liquor violations

Calgary's dance and electronic music scene is on the defensive after 11 people overdosed at a large party Saturday night, tying up police and EMS coverage across the city.

Police and EMS were called to the 2,500-guest Subculture dance party after reports of the overdoses eventually closed the party down by 2 a.m. due to safety concerns.

Many Calgarians who attended the event are worried about the stigma attached to the overdoses and say the people taking and selling the drugs were "being irresponsible."

Natasha, who didn't want to use her last name, said she was disappointed the show was shut down.

"It's too bad something like this gets out and it is sad the behaviour of a few people can make us all look bad," she

Calgary's own DJ Mollyfi, who did not attend the show, said not all parties end

Two taken to hospital

- Twenty-five police units were called out, along with fire and EMS crews.
- Two men in their early 20s were taken to hospital in non-life-threatening condition.
- Police say the party was over-capacity. The Alberta Liquor and Gaming Commission is also investigating.

up like Saturday night's.

"I think raves already have a bad enough name, but not everything with music and a DJ is a rave and we're not all about drugs," she said. Insp. James Hardy said the scene was

chaotic when police attended.

"It was busy, no question, and the impact on the rest of the city meant slower response times," he said.

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Bieber fever to hit Saddledome

Structural engineers will be on standby while the highpitched screams of Calgary tweens fill the Saddledome for Justin Bieber tonight.

Sisters Hutton and Hayven Lloyd, along with cousin Jaycie Church, have been looking forward to Bieber's arrival for months.

"(When my mom) told me that we got tickets, I was freaking out," said Hutton, 13. "His voice is like an angel and his hair is just

Jaycie's reaction was similar when she found out she

would be seeing Bieber live.
"Oh my God, I started crying when I found out," said Jaycie, 11.

Hayven, 10, said it's hard to pick just one thing about Bieber that she likes the most, from his voice to his dancing to his always

coiffed hair.
"I just love everything about him," she said.

The girls landed the Love Me VIP package, which comes with all kinds of

"I have five T-shirts of him," said Jaycie. "I love him to death."

Bieber, currently on his My World tour, is coming fresh off his show in Edmonton where he performed last night.

He takes the stage in Calgary at 7 p.m.

■ KATIE TURNER





Fox still inspiring runners 30 years on

Terry Fox's run began in St. John's, N.L., in 1980 and ended five months later in Thunder Bay, Ont. • Fox died in 1981 after cancer spread to his lungs

Calgarians have been following in the footsteps of Terry Fox for 30 years.

And yesterday, about 1,300 Calgarians braved the rainy weather to mark the anniversary of Fox's Marathon of Hope on April 12. 1980, raising money and awareness during the 2010 Terry Fox Run for Cancer Research at Eau Claire Market

For many participants the run hit home, including Alison Leikman who was running with her fiancé.

"Last year I ran for my aunt because she was battling cancer. This year she passed away, so I'm running in her honour," Leikman said.

R.J. Pasloski and his children, Sasha and Jack, were running because his wife is

\$500M The amount raised in Terry Fox's name in a 30-vear span.

a cancer survivor.

"We come out here as a family," he added.

Whatever the cause, Calgarians \$164,000 yesterday, according to spokesperson Eliza-beth Westersund, whose parents are both cancer sur-

"We're really happy about the turnout today, especially with the weather. This is a project that is so close to our hearts, so we're really excited," she said.

"We really wanted to create a nostalgic feeling this year but also look very forward, too." • KRISTA SYLVESTER





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Correction

In an article on Slice's Saturday night lineup in the Sept. 17-19 edition of Metro, the TV network was incorportly Tori & Dean and Tori & Dean and the Real Housewives of New York, New Jersey and Washington, DC, air Saturday night on Slice.



MAN HOSPITALIZED

3 charged over NW assault

Calgary police continue to investigate after three adult males were charged with assault and weapons offences stemming from a weekend incident that sent one man to hospital.

Police responded to three disturbances and

physical altercations in the 4500 block of 75 Street NW between Sept. 17 and Sept. 18, with reports of combatants fighting with clubs or bats, police said.

The combatants had dispersed prior to the first two instances, and on the last occasion, three men were arrested. Sonny Crazybull, 32, Henry Watchmaker, 36, and William Baker, 42, all face charges.

The victim was treated for minor injuries and released. • METRO CALGARY

First Nations leaders D.C.-bound

Some First Nations leaders are heading to Washington today to persuade officials to reject a pipeline project they say would pump more "dirty oil" from Alberta into the United States.

Francois Paulette, of the Smith's Landing Treaty 8 First Nation, says he wants to talk to U.S. politicians about pollutants from the oilsands.

olisands.
"I think the Americans really need to see the big picture," the former Dene Nation chief said in an interview from Fort Smith, N.W.T. before leaving for

30 Francois Paulette says more than 30 downstream First Nations communities are affected, and that increasing oilsands production would make matters worse.

Washington.

Paulette, who is one of two Canadian community leaders heading to the U.S., wants a moratorium on the Keystone XL pipeline expansion.

The leaders are scheduled to be in the U.S. for three days.

THE CANADIAN PRESS

Searching for human kindness



○ Calgary woman will leave the city Oct. 1 and drive east with no time limit ○ She plans to blog and keep a video diary of her travels

She's banking on the kindness of strangers. Literally.

Margo Nelson, 33, is selling all of her belongings, taking her 13-year-old Dalmatian-Lab Pepper and loading her car for a cross-continent trip in which she will live with strangers and hope that word of her adventure spreads.

Why, you ask?

"I guess I'm just trying to prove there are still really kind people out there, whether they are Canadian or American. We're all people," she said.

Nelson intends to drive and stay with people who offer their homes, and in return she will do small favours and plans to volunteer at places like abuse shelters along the way.

"I hope that people will spread the word and if

Road ahead

- Nelson owns her own paint company and will
- find work along the way

 Nelson has talked with meteorologists who warned her about the expected cold winter
- Follow her at unitethem now.blogspot.com

they know someone in Texas, for example, then I can stay there. I'm sure there will be a lot of good experiences and I'm sure there will be bad ones, too."

Nelson said she's heard many opinions of her trip from friends and family, but has been surprised.

"I've told some people I expected resistance from but they have actually been really supportive."

MRISTA SYLVESTER

Parolee facing fleeing charges

Charges are pending against a 33-year-old parolee after fleeing from police in the 5200 block of 8 Avenue SE Saturday afternoon.

Police had been alerted of the person's presence at a restaurant and while setting up for an arrest, the person allegedly fled.

METRO CALGARY

Woman stable after stabbing

A woman is in hospital in stable condition and 37-year-old Yassine Moussa of Calgary has been charged after a stabbing Saturday, according to police. Police were called to the 1200 block of 44 Street SE around 1:50 a.m. Saturday, and found a female with multiple stab wounds.

METRO CALGARY



Home reno expo offers tips

Home renovation advice and ideas were a dime a dozen in Calgary this weekend at the 2010 Calgary Home + Interior Design Show.

While some Calgarians attended the show to check out do-it-yourself guru Ty Pennington of Extreme Makeover: Home Edition, many people wanted to get ideas for

their own homes.

Andrea d'Amours and Colin Clynch moved into their first condo together eight months ago and spent the day perusing design concepts at the show.

"We just wanted to see the latest ideas and get an idea of what we want, especially for our living room," d'Amours said.

"There are a lot of

unique ideas here."

Show manager Terri Higgins said the show attracts many people who want to renovate their own homes.

"There is really something for everyone here and varying degrees of price from the higher end stuff to the more affordable," she said.

KRISTA SYLVESTER



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Sweden's rightward shift

A far-right party entered the Swedish parliament for the first time in elections yesterday, spoiling the government's majority and plunging the country in-to political disarray, preliminary results showed. Prime Minister Fredrik Reinfeldt was seeking to become the first centre-right leader to win reelection, but the Islam-bashing Sweden Democrats held the balance of power after winning 20 seats in the 349-seat legislature.

Controlling the message

Media encounter government communications policy at odds with practice PR professionals, research scientists say they're alarmed

Canada's scientific community is buzzing over newly tightened rules that further restrict government re-searchers from speaking with the media.

Yet the No. 1 policy statement for government communications, according to Treasury Board, is to "provide the public with timely, accurate, clear, objective and complete information about its policies, programs, services and initiatives.

It's part of the "Communications policy of the Government of Canada," posted on Treasury Board's website.

The policy calls on public servants to speak "openly."

"I don't know how anyone can make the argument that objectively society is better served by having filters through a minister's office." JEFF HUTCHINGS, BIOLOGIST,

"Encourage public service managers and employees to communicate openly with the public about policies, programs, services and initiatives they are familiar with and for which they have responsibility," it says.

DALHOUSIE UNIVERSITY

"Openness in govern-

ment promotes accessibility and accountability. It enables informed public participation in the formulation of policy, ensures fairness in decision making and enables the public to assess performance.

Yet recent access-toinformation documents obtained by PostMedia News reveal that all media inquiries to scientists working for Natural Resources Canada must now pass through "subject matter experts" and the minister's director of communications.

One bureaucrat warned in an internal email: "What may appear to be a simple request for facts may actu-

ally relate to policy or highprofile issues

The email puts in print what journalists covering Harper government deal with on a daily basis.

"It's a huge concern among professionals in the public service," said Gary Corbett, president of the Professional Institute of the Public Service of Canada.

"This goes to other questions about the value the government places on the advice of the professional public service — scientists who work on everything from climate change to emerging diseases emerging pests.'

THE CANADIAN PRESS

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Sect members found

• 'Cult-like' California group awaiting Jesus find cops instead

The members of a breakaway religious sect were found praying at a Los Angeles County park yesterday, halting a frantic search for the five adults and eight children who went missing after writing letters to family members saying goodbye.

Deputies found the group at 11:55 a.m. yesterday at Jackie Robinson Park in Palmdale after getting a tip they might be there, said Los Angeles County sheriff's spokesman Steve Whitmore. He said all the members are apparently safe.

Officers had been searching a wide swath of Southern California since Saturday after family members found letters saying the group was awaiting an apocalyptic event and would soon see Jesus and their dead relatives in

heaven.

The group of Salvadoran immigrants described as "cult-like" by sheriff's officials, was led by Reyna Marisol Chicas, a 32-year-old woman from Palmdale in northeast Los Angeles county, Captain Mike Parker said.

Members left behind cellphones, identification documents, deeds to property, and letters indicating they were awaiting the Rapture.

"Essentially, the letters say they are all going to heaven to meet Jesus and their deceased relatives," Whitmore said. "Some of the letters were saying goodbye." THE ASSOCIATED PRESS

adults and children were in three vehicles outside Pete Knight High School





NASA scientist to testify at Total oilsands hearings

Mine expected to produce 100.000 barrels of bitumen a day

One of NASA's top scientists will appear at hearings into a proposed oilsands project to warn about the climate change consequences of approving Total E&P Canada's \$2-billion plan to build the lookyn North mine

Joslyn North mine.
James Hansen, head of the Goddard Institute for Space Studies, is slated to testify at public hearings, which begin tomorrow in Fort McMurray. Hansen, sometimes dubbed the godfather of climate change science and who has spoken out against the oilsands before, will appear for the Pembina Institute, an environmental think-tank that is intervening in the hearing.

Total is planning to develop a 5,400-hectare site next to Fort McKay, north of Fort McMurray.

THE CANADIAN PRESS



Economic downturn becomes slump

Two years removed from what many feared would be the total collapse of the world economic and financial systems, Canadians may be forgiven for asking —"What was the big deal?"

The most severe global recession in six decades fizzled into a run-of-the mill slump in Canada lasting three quarters and costing just over 400,000 jobs, a mere 2.4 per cent of the labour force. The economy has recouped all of the jobs that vanished in late 2008 and 2009. THE CANADIAN PRESS

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Ambassador issues trade warning

Canada's ambassador to the United States has issued a stern warning to the most powerful congressional leaders on Capitol Hill in Washington, D.C. over a protectionist piece of legislation that "will have a disproportionally negative impact on intertwined U.S.-Canada supply chains and on jobs in both our countries."

In a letter obtained by The Canadian Press, Gary Doer also points out that the bill, called the Foreign Manufacturers Legal Accountability Act, violates World Trade Organization obligations and the North American Free Trade Agreement.

The act would ban imports from companies that don't have an American agent with a U.S. address. THE CANADIAN PRESS







Pens add free game to schedule

The Penguins added a Sept. 25 exhibition game and is forgoing more than \$1 million US in gate receipts by giving away every seat, including 8,000 to post-secondary students in the tri-state area. Local business representatives will be in a job fair setting at that game, designed to help those students find goodpaying Pittsburgh-area jobs, to keep them in the area.

MEETINGS ARE MAYOR'S MAIN JOB

Urban Compass

IANICE PASKEY



We're missing something. Something 50 pages long. Bylaw 44M2006.

he candidates better understand it. It's the bylaw on proceedings of council and its committees. A meeting expert? No kidding. That's the soul of the mayoral job description.

So why is no one asking the mayoral candidates about board experience? That's where decision making lies. Meetings ins and outs are complicated and te-

The job description is found in the Alberta Municipal Act. It's unglamorous: the mayor has no veto power over anything.

A few key points: • The mayor must chair the council meetings unless there's a bylaw that someone else does

• The mayor performs other duties enacted by bylaws — now that's exciting!

• The mayor is a member of all council committees and all those councils where there is a city appointee.

There's criticism that our people aren't engaged in city politics. Yet, we can't even come up with a decent job

description for the mayor. Voting turnout (30 per cent last election) is even lower for the youngest voters.

I asked a number of young

human resource types — local certified human resources professionals - to weigh in on the Calgary mayor's job description. Marnie Ortis, 25, is looking

for vision. "It

seems the (mayor's) only duties are to attend council meetings. There's no mention of outcomes, expectations or budgetary

responsibility." Calgary is a dynamic city, she notes, and if you want to attract

the millennials, catch their attention with energy and clear goals, and achievements.

Nichole Hochberger, 36, is looking for values in the job description. "There needs to be verbiage around environment. The mayor needs to walk the walk and talk the talk, to use a cliché.

Stephanie Andrews, 29, rewrote the job description, and made it way more lively. "The mayoral race isn't a popularity contest; it's about choosing the best person to make a positive difference in the city from the inside out."

Our savvy voters are looking for passion, competence, and clear outcomes.

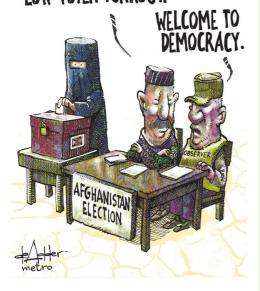
And voters need to ask: How do we know if our mayor is doing a good job?

Now is the time to write it down.

As the leader of committees. the mayor will know good meeting minutes record what was done not said.

Cartoon

UNTRUSTWORTHINESS OF THE POLITICAL PROCESS HAS CONTRIBUTED TO LOW VOTER TURNOUT.



No love for Lohan

LiLo: Newsworthy?

"There's criticism

that our people

aren't engaged

in city politics.

Yet, we can't

even come up

with a decent job

description for

the mayor."

Letters

HALIFAX. Can you people not find anything else to write about besides Lindsay Lohan? Every day I cringe at seeing her picture and another article. She's often on the front page!

I talk to friends about this and they are all in agreement: We are sick and tired of it!

Who gives a damn? We sure don't, and if this paper was not free, I would certainly not be paying for it. It's sad though that you waste time and space printing this crap.

Don't you get it? We are not interested! Why don't you take a poll of your readers? It is so annoying I just had to write you.



Please find something of value or interest to tell us about. Thanks. RICHARD GALLANT

WHITBY. I am a firearms owner and I am against keeping the long-gun registry. Unlike registering my car — only necessary if I use it on public roads — I am considered a criminal for not registering my firearms, even though I may not take them out of my house.

Motor vehicles are far more deadly to our society than firearms have ever

I believe the LGR is nothing more than a tool to help governments in confiscation of private property.

What song best describes you?

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Metro Minute with political knowledge

If you've got a minute today, Calgary, it's time to sit up and pay attention to your municipal election.

Take a moment to find out what ward vou are in. who the candidates are, begin your preliminary research on what each one of them brings to the table.

Today is nomination day for all aldermanic and mayoral candidates, and by the end of the day you'll know who'll be on your ballot come Oct. 18.

Make it your civic duty today to find out the essential information on this year's civic election.

For all the information you need, visit calgary.ca and click on the Vote 2010 button in the top right cor-

METRO CALGARY



▶ Get educated on the upcoming municipal election.

▶ R&B songstress Brandy battles nerves (and lost wardrobe dreams) before her debut on the 11th season of Dancing With the Stars ▶ Dancing partner Chmerkovskiy finds his groove with 31-year-old star



Brandy looking for fairy tale on dance floor

It's the night of the Dancing With the Stars premiere, 20 minutes until Brandy and her partner Maksim Chmerkovskiy dance live in front of millions, and the singer-actress can't find her performance costume.

Scrambling, she finally locates the dress, but now one of her dance shoes is missing. With time running out, she decides to perform barefoot, but she misses

her cue and can't catch up for the duration of the dance.

Then she wakes up.

Brandy has spent several nights dreaming about Dancing With the Stars, and she confesses her anxious nocturnal sojourn during a rehearsal just days before the season premiere.

"A couple of nights before, I'd been dreaming about the mirrorball," she says, referring to the show's glittery trademark trophy. "So that's good."

But with the 11th season about to begin, her nerves are rising. "I have a hard time trusting the process and trusting the moment," she says.

Chmerkovskiy reassures her. A veteran of eight Dancing seasons, he says that if she makes a mistake, he's ready "with plans C, D and F to camouflage it, so you've got nothing to worry about."

After two weeks of working together daily, Brandy and Chmerkovskiy's playful chemistry is clear. He purposely pokes at her sore muscles; she warns that he better not drop her during one of their tricky turns.

"That's like telling Michael Jordan you better make that basket," the pro dancer says.

THE ASSOCIATED PRESS



Randy Quaid, wife accused of burglary

Actor Randy Quaid and his wife are facing burglary charges in California after the owner of the couple's old house reported they had been living there without permission.

A representative of the property owner called Santa Barbara County sheriff's deputies Saturday afternoon to report that squatters had been staying in the guest house illegally. When deputies arrived at the house that evening, they found Randy and Evi Quaid, who said they had owned the property since the 1990s.

The property owner's representative provided documents that showed his client had bought the home in 2007 from a man who had purchased it from the Quaids several years earlier. A contractor showed police more than \$5,000 in damages to the guest house that he believed was caused by the Quaids.

Police arrested the Quaids on charges of felony residential burglary and entering a noncommercial building without consent, a misdemeanour.

THE ASSOCIATED PRESS



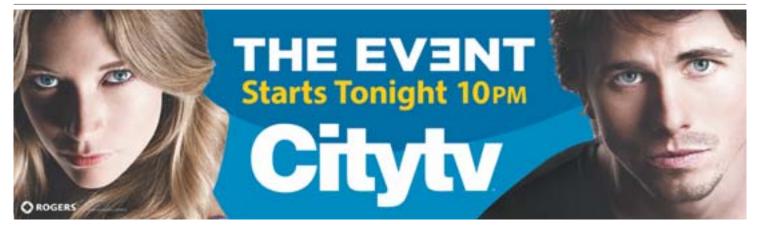
In brief



Starz network says Spartacus: **Blood and Sand** star Andy Whitfield is leaving the show to battle a recurrence of cancer. **Production of** the Spartacus series' second season was postponed this spring when Whitfield was diagnosed with non-Hodgkin lymphoma.



Mercury in Queen biopic





Stewart vs. Colbert

◆ Show hosts go head to head with Washington rallies ◆ Stewart urging Americans to tone down political criticism, Colbert wants to escalate it

They'll be duelling rallies unlike any seen recently in the U.S. capital: The Daily Show host Jon Stewart urging Americans to tone down the angry political rhetoric, while pseudo-news nemesis Stephen Colbert exhorts his own supporters nearby to rage against Stewart's "dark, optimistic forces."

Stewart plans to host a Rally To Restore Sanity on Oct. 30 on the National Mall in D.C. for the Americans he says are too busy living normal, rational lives to attend other political demonstrations. Colbert, meantime, will shepherd his fans in a March To Keep

Fear Alive

"It is happening, people!" Stewart announced Thursday to cheers from the studio audience for his Comedy Central show.







FOR LIP SMACKING



Black stars critical of Emmy choices

Taraji P. Henson agrees that minorities were not represented enough at the Emmys — and there are too few working in Hollywood.

Henson says "there were several times when I didn't even want to watch the Emmys because I mean, who am I looking

Henson made the comments when asked on her thoughts about fellow actress Regina King's Sept. 3 blog post for the Huffington Post.

Award hosts

Henson and Howard will return this year as hosts of the Soul Train Music Awards. The specials marks its second year back since taking a five-year hiatus. It airs on Centric and BET on Nov. 28.

In it, the black actress criticizes the Emmys for under-representing minorities in its main categories.

In the same interview, actor Terrence Howard says that Hollywood is changing, for the better.

"The truth is, the country still has a lot more growth it needs to make."
THE ASSOCIATED PRESS

Keitel picks himself for lead role in The Office

Harvey Keitel says he'd be the "perfect choice" to replace Steve Carell on The Office.

He's just not sure he wants the job.

Carell has said this will be his final season playing Michael Scott on The Office, and a producer of the show was recently quoted as saying Keitel would be "probably the only guy" who could fill his shoes.

But Keitel says he hasn't been approached about the role.

While best known for tough-guy roles in Taxi Driver, Reservoir Dogs and Bad Lieutenant, Keitel has also done lots of comedy.

He was at the Toronto International Film Festival to promote A Beginner's Guide to Endings, a comedic drama in which he plays a serious role, and will soon be seen in Little Fockers and the spoof The Last Godfather.

Last Godfather.

"Well, if I have to answer you honestly, I think I'm a great idea for it.
Would I want to do it? I



don't know that," Keitel said Friday, when asked about The Office rumours.

"One of the producers of the show spoke about liking some comedy things I had done like Monkey Trouble ... (and) he felt I had a comic area that was not tapped.

"Although I think it has been tapped ... I agreed with the guy — and that's what propels me to say I think I'm a perfect choice." THE ASSOCIATED PRESS

metr@dish metronews.ca MONDAY, SEPTEMBER 20, 2010



Brand defends his fiancée

Russell Brand was arrested at Los Angeles International Airport after allegedly assaulting a photographer that was hounding him and fiancée Katy Perry, according to TMZ.

Brand later posted a \$20,000 bond and was released. Around the time of the incident, Perry posted to Twitter that Brand was defending her honour, writing, "If you cross the line & try and put a lens up my dress, my fiancé will do his job & protect me." metro

Bardem admits Cruz

Iaviar Bardem has finally broken his silence about wife Penelope Cruz's preg-

"It is true. I am very happv." he said when pressed for a comment at a press conference for Eat Pray Love in Rome. "Don't make me say anything else." When pressed on the challenges of balancing work and family, the tight-lipped actor said, "It is a little too soon for me to be giving any advice. I don't know yet. But I will find out soon."
metro

accused in assault case

American Idol runner-up allegedly got into fight with photographer • Charges have yet to be filed

Former American Idol contestant Adam Lambert is accused of simple battery on a photographer on Miami Beach.

A police report says 38year-old Victor Eras was taking pictures of the singer Thursday when Lambert started running toward him "in an aggressive manner."

Eras claims Lambert grabbed his back pack and wrestled him to the ground. The photogra-pher did not suffer any in-juries. He declined to comment to The Associated Press on Friday.

No arrests were made. A police spokesman says there will not be an investigation. The state attorney's office will review the report and decide if any charges will be filed.



leged attack. Lambert's publicist did

TMZ first reported the al- not immediately return a call seeking comment. THE ASSOCIATED PRESS

Hilton pleads guilty

Paris Hilton has accepted a plea deal in connection her arrest last month in Las Vegas, Nevada for cocaine possession, according to E! News

Hilton pleaded guilty

possession and obstructing an officer, and she must complete a drug abuse program, pay a \$2,000 fine and serve 200 hours of community serv-

"We fashioned a resolution which would give us complete control over her future," District Attorney David Roger says.

"If she does not toe the line and stay out of trou-ble, she will do one year in the Clark County Detention Center.

Tell us what you are recording @metrocalgary

PVRTweets

Season 11 of Dancing with the Stars starts Monday. What celebrity would you like to see on the show?

@ballyhewe Betty White!

@TheTutorWorks Definitely Snooki should be on Dancing With the Stars, but solo. Better yet, just send her hair bump @sunny_daze01 let me think.... ummm. an actual freaking STAR would be nice, not an over hyped tabloid nobody. :P @tamifuru How about TO mayoral candidates



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Lohan admits failed drug test

clean about her drug addiction for the first time, taking to her Twitter account for a lengthy confession after news broke that she'd failed her first courtordered drug test since leaving rehab early.

"Regrettably, I did in fact fail my most recent drug test and if I am asked. I am prepared to appear before Judge Fox next week as a result," she posted. "Substance abuse is a disease, which unfortu-nately doesn't go away over night... This was certainly a setback for me but I am taking responsibility for my actions and I'm prepared to face the consequences.'

Lohan could face another 30 days in jail for violating her probation.

Celebrity tweets



Maher [Abillmaher] About to get my star on the

walk of fame - this feels like the bar mitvah I never had mostly cuz we were Catholic



Katy Perry [@katyperry] Signing up for a liver transplant

Steve Martin [@SteveMartinToGo] OMG. Presi-

dent Lincoln has been shot! Wait, whoa, my internet connection is SUH-LOW.

nould remake the Exorcist







Bribes

Did you know...

Using gifts to motivate children to complete their homework does as much damage as it does good. While offering gifts may inspire a more enjoyable homework experience, according to a survey of more than 1.000 **Canadian parents** conducted by **Ipsos-Reid, there** are also some unexpected negative side-effects, such as children expecting a reward and rushing to complete their homework. What can parents do? Focus on praise and encouragement. This advice is courtesy of **Kumon Math and Reading Centres,** the world's largest afterschool math and reading program NEWS CANADA





Survival gardens: Backyard veggie plots can help families save cash. Scan code for news



Leaving, and then returning to the nest

● Humour and reflection: Iain Reid pens book about moving back in with his parents after being out on his own for almost a full decade

In his late 20s, Iain Reid headed back to his parents' empty nest as an underemployed and overeducated young adult still trying to find his way in the world.

After almost a decade on his own, including several years in the big city of Toronto, it was an adjustment for Reid to be a 27-year-old living on his parents' isolated hobby farm near Ottawa, where

he had a summer radio gig reviewing books.

"Nothing had really changed," he said in an interview, musing about the early days of his arrival back home.

"My parents were a little different but nothing had changed. My room was identical to when I was in Grade 3. The posters were the exact same, so that certainly added to the feeling of sort

"My room was identical to when I was in Grade 3."

IAIN REID ON RETURNING HOME

of sadness when I first moved home."

Reid has aptly captured the angst, humour and quirkiness of his year at home in a new book, One Bird's Choice.

He describes the old log house, setting up a study where he could write and helping with chores like tagging the sheep, gathering eggs and digging manure out of the barn.

Not to mention interactions with his parents, whether it's learning the trick to flushing the finicky toilet, teaching his mom how to use a computer or visiting the gym with his dad.

"The whole book obviously is poking fun at my parents a bit and poking

Boomerang kids

Much has been said and written in recent years about the boomerang kids — young adults returning home — and those who don't move out, as portrayed in the movie Failure to Launch.

fun at me a lot, but also it's a bit of an homage to them because I probably couldn't have done it without the support and letting me come back home."

Sex-ed common in U.S., birth control-ed not so much

No change

Almost all U.S. teens have had formal sex education, but only about two-thirds have been taught about birth-control methods, according to a new government report.

Many teens apparently are not absorbing those lessons — other recent data shows that after years of steady decline, the teen birth rate rose from 2005 to 2007. It dipped again in 2008, to about 10 per cent of all

births

The report from the U.S. Centers for Disease Control and Prevention is based on face-to-face interviews with nearly 2,800 teenagers in their homes from 2006 through 2008. Female interviewers from the University of Michigan asked the questions for the CDC.

About 97 per cent of teens said they received formal sex education by Other research suggests that comprehensive sex education declined from 1995 to 2002, and this report seems to indicate that it hasn't changed since then, said John Santelli, a Columbia University professor of population and

the time they were 18. Formal sex education was

family health.

defined in the report as instruction at a school, church, community centre or other setting teaching them how to say no to sex or about birth control and sexually transmitted diseases.

Lessons about saying no and STDs were more common than instruction on how to use a condom or other birth control, the study found.

Overall, about twothirds of teens got birth control instruction by the end of high school about 62 per cent of boys and 70 per cent of girls. In contrast, about 92

In contrast, about 92 per cent of boys and girls reported being taught about sexually transmitted diseases, and almost that many learned about preventing infection with the AIDS virus. And about 87 per cent of girls and 81 per cent of boys were taught how to say no to sex. THE ASSOCIATED PRESS



Tasty adzuki beans jump into the mainstream

Get ready to spill the beans on adzuki.

Wait. You've heard of adzuki beans? You will. Also known as azuki, aduki and Chinese red beans, these pint-sized packages of protein have been moving from the shelves of ethnic markets to big chains. They're even showing up in snack foods and ice cream.

"They're becoming a lot more mainstream," says Wendy Esko, marketing assistant in charge of product development and research at Eden Foods, which sells the beans under the name aduki. "In fact, out of the 33 kinds of canned beans that Eden offers, aduki beans rank No. 7.

And at Whole Foods, more than 8,000 kilograms of adzuki beans were sold last year just in California, according to Patrick Wyman, grocery co-ordinator for chain's Northern California region.

Vibrantly coloured and sweet, adzuki are commonly used in desserts in Asian cooking. But in North America they often are put to savoury use, mixed into salads, cooked with rice and dropped into soups. Like other beans, adzuki are a good source of protein. Unlike many other dried legumes, they don't have to be soaked before cooking.

And now they've even made their way into snack foods. Boulder Canyon Natural Foods sells several varieties of chips made from rice and adzuki beans, including chipotle cheese flavoured and sundried tomato and basil.

The beans also are showing up in American gelato. Even Food Network's Emeril Lagasse and Robert Irvine have done recipes using them.

THE ASSOCIATED PRESS



Ingredients:

- 15 ml apple cider vinegar30 ml lemon juice
- 30 ml extra-virgin olive
- 3 cloves garlic, minced
- 1 shallot, finely diced
- 2 ml salt • 1 ml ground black pep-
- 1 ml cumin
- 455-ml can adzuki beans,
- drained • 2 medium tomatoes,
- seeded and diced • 250 ml chopped fresh
- parsley, lightly packed

Preparation:

- together the cider vinegar, lemon juice, olive oil, garlic, shallot, salt, pepper and cumin.
- Add the beans and tomatoes, then stir well to coat.
- Add the parsley and toss well. Adjust seasonings as desired

THE ASSOCIATED PRESS



Fish is tasty and nutritious Dut many world fish stocks are exploited \(\begin{aligned} \text{How do we protect our oceans?} \end{aligned}

The United Nations' Food and Agriculture Organization reports that more 70 per cent of the world's fish stocks are fully fished, overfished or exploited.

Our oceans are facing an unprecedented crisis,

causing Canadian grocers to think differently about the sources of their seafood, prompting the development of sustainable seafood policies to help protect our oceans. What does this mean for you?

According to Canadian

Grocer, Loblaw Companies Limited, seafood sustainability means that the type of seafood caught can maintain or increase its population in the future without harming the ecosystems from which they come.

But sustainability is not just the number of available fish, it's also about changing the way we farm and catch fish. Certain fishing and farming methods have a negative impact on our oceans by damaging the marine environment.

Knowing the origin of the seafood you're eating is important. The same species of fish can come from different bodies of water, each with its own fishery systems that may not be sustainable.

Education is key. Read the package, read the la-bels and ask questions. Look for products carrying the Marine Stewardship Council (MSC) ecolabel. O NEWS CANADA

Sustainable seafood 5 worst forest foods

• Has it ever crossed your mind that the food you eat could be related to wiping out the world's rainforests?



More and more people are choosing to consume less meat, a decision that has led to an increase in demand for soy, the main ingredient used in making tofu (a staple of the vegetarian diet). Soy covers some 11 million hectares of forest across South America. METRO



Palm oil

Rainforests, most notably across Asia (Malaysia, Indonesia, Thailand) are being cleared for palm oil plantations, as this productive oil seed has become the number one food crop worldwide. Palm oil is a common substitute for partially hydrogenated oils and can be found in anything ranging from cookies to cereal or bread.



Rice

The forests of Asia are being destroyed in order to make room for rice fields, 'paddies." Not only is this contributing to the loss of precious land and loss of habitat for many local species, rice fields emit the largest amounts of methane gas, between 50 and 100 million tons a



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Clearing rainforests to create grassland for cattle to graze on will then lead to the degradation of soil and the pollution of rivers. Was that juicy beef burger really worth it?

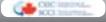


Following the U.S. subsidies tagged to corn for the production of ethanol, production has soared, especially in the Amazon rainforest.

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The road back to work can be an uphill climb

• Programs help women return to labour market after extended absence

When Patricia Virc took her first maternity leave, she had done so with the view that she would undoubtedly return to work, but perhaps in an area that was more family-friendly.

During her leave, the lawyer had even started a master's program in securities law to ensure she'd keep up to date with issues in the field, particularly if she decided to switch from private practice to working for government.
While Virc said she was-

n't completely disconnected from work as she focused on raising her children, she spent six years out of the labour force.

The mother of three found herself confronting a familiar challenge not exclusive to — but largely faced by — professional women who take leave. Whether the time away is devoted to raising children, acting as a caregiver for an aging parent or an ailing family member, many women may find the road back to work after an extended absence can be an uphill climb.

"Ĥaving been sort of a high-performance person coming out of university and having gotten just the best articling job, I never had to go out and search for work. I always had sort of people just demanding my skill and getting just to choose where I wanted to work," recalled Virc, who had worked in corporate commercial litigation with Toronto-based practice. "Now I'm in a situation



where I've been off for a while, entering in a very difficult economy, and the key thing when you're looking for a job is to be relevant and you can't live forever on past glories,' she added.

Virc took part in ReConnect, a seven-day executive development program aimed at helping professional women re-enter the workforce at a leadership level. She was among the participants in the inaugural year of the CIBC-sponsored program, run by the

University of Western Ontario's Richard Ivey School of Business.

Virc believed the program would — and did — cover changes in business, including advancements in technology and challenges arising as a result of the global and economic

crises, among other issues.
But she said she also gained guidance on the importance of the job search and self-marketing, which stressed the value of individuals investing in themselves as they would with any other business or money-making opportunity.

She credits a combination of skills learned at Re-Connect for helping her land her current job as legal counsel for Echo Energy Canada Inc.

ReConnect faculty direc-tor Mary Heisz said while the majority of women in the program were those who have left to raise children, there have been more than a few who had been caring for an aging parent, ill spouse or were ill themselves, or who had

"I did have a really interesting and successful career before I left, but nobody's really interested in hearing what you did six or seven years ago." PATRICIA VIRC

left work in search of something different.

"The overriding factor that all the women have had in common is that they have thought of this as an investment in becoming more confident before they started back into the workforce," she said. Among the areas ex-

skills, bringing resumes up to date, preparing for in-terviews and addressing what they did during that gap period, which can be a huge source of anxiety for women, Heisz said.

"We spend a fair amount of time talking about, 'OK, you weren't just home with kids. What did you actually learn? You actually learned a lot of skills while you're managing a home, said. "And most women that stay home with kids often they also volunteer as well, so they're learning a lot of skills there

THE CANADIAN PRESS

Sara Lee program eases transition

Sara Lee made headlines with the launch of its Returnship program, aimed specifically at individuals looking to re-enter the workforce.

A group of Sara Lee female executives brainstormed ideas they could apply at the corporation to attract top talent looking to re-enter the workforce in a flexible arrangement, Alissa Bolton, senior manager of corporate communications, said by email.

Rather than continue with a standalone program with a select number of positions, it's now part of Sara Lee's general hiring process in which it clearly identifies positions that qualify for flexible arrangements, Bolton wrote.

Rotman School of Management associate dean Beatrix Dart said businesses are increasingly paying attention to how to better reintegrate mid-career professionals back into the workforce. "The demographic writing is on the wall," said Dart. "There will be a shortage of talent and you have to start thinking now, Where are you going to find your talent?" THE CANADIAN PRESS

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Edgy marketing carries big risks

College and university 'branding' virtually unheard of 15 years ago

Drake University hoped a bold, blue "D+" on a directmail piece and its admissions website would grab the attention of high school kids inundated with same-old, same-old college recruitment material.

What looked like a pretty bad grade was supposed to entice teenagers to take a closer look at the pluses of attending the school in Des Moines, Iowa.

Drake officials didn't anticipate their daring idea getting ridiculed on advertising blogs, angering alumni who complained on Facebook that their degrees had been devalued, or inspiring a local store to market "D+ student" T-shirts to amused Drake students and underachievers alike.

Consider it a cautionary tale for colleges embarking on marketing and branding campaigns designed to set themselves apart in the cutthroat competition to gain prestige and grab their share of a shrinking student pool.

Fifteen years ago, the term "branding" was virtually unheard of in higher

education. The idea of selling college like a luxury vehicle or an expensive cup of coffee was viewed as antithetical to the academic mission.

Although pockets of resistance remain, it'd be difficult these days to find a four-year school that hasn't gone through the institutional soul-searching and subsequent marketing blitz that typically goes with being a "Brand U."

The new challenge may be this, as Drake has learned: When everyone is trying to stand out, colleges can no longer expect to meet enrolment targets by playing it safe. And pushing the marketing envelope carries risks and rewards.

"Historically, folks really have taken a fairly conservative approach," said Robert Moore, president and CEO of Chicago- and Washington-based marketing firm Lipman Hearne and author of a book on higher education branding. "We are seeing a bit more out-of-the-box stuff, and I think the jury is still out." THE ASSOCIATED PRESS





Learn to let go

• Parents need to step back as kids make the transition to middle school

Transitioning to middle school is hard. Kids go from being big shots in an elementary school where they knew everyone, to being pip-squeaks in a school where they don't know anyone. They have six teachers instead of one, a new locker combination, and nobody to sit with at lunchtime.

"It's such a traumatic time, even for a well-adjusted elementary school student," said Dr. Joyce Stalwart, senior associate dean in The University of Alabama's College of Education. "They are coping with everything from changing classes to physical changes and hormones to increased academic expectations."

"It's a whole other world," said Lisa Merkin of Pinecrest, Fla., a mother of five with two children in middle school. "In fifth grade, they're still kind of coddled. But in middle school, if you don't have your homework, the teacher is not going to make a big deal of it. You're just going to get a zero."

There are also organizational challenges: "They need a binder for this and a binder for that. They have four minutes to get to their next class," Merkin said. And then there's the social aspect. In elementary school, they had friends going back to kindergarten. In middle school, Merkin said, "when they walk in the cafeteria, are they sitting by themselves?"

Complicating all of this is a change in the parent's role as kids "go from being babies to being teenagers. I remember wanting to be dropped off in the middle of the street so my mom couldn't kiss me goodbye!" Merkin recalled.

But while middleschoolers sometimes push parents away, at other times, parents need to resist the impulse to step in and rescue them.

Rather than nagging a kid to do the work, arguing about it or intervening with teachers, the start of middle school is a good time to let students experience the real-world consequences of their choices — even if, at first, that

When in doubt, talk it out

It can also be helpful to talk things out with kids when they're facing challenges, whether academic or social. But rather than offering solutions, parents should ask questions.

"Approach any situation with an openended question instead of a directive: 'So what do you think you should do about that?" 'said Leif Gustavson, who is also executive director of an after-school writing program for teens called Qui Vive!

And make sure kids understand that the school is there to help them. Encourage them to talk to teachers if they're doing poorly in a subject. Perhaps there is tutoring available, or extra credit work. If they're having difficulty making friends, perhaps there are clubs, teams or other activities where they can meet kids outside of class. Many of my son's new friends came from drama and sports. THE ASSOCIATED PRESS

means disappointment or failure.

"The only way we learn is through making mistakes, taking risks, trying things and experiencing the consequences," said Leif Gustavson, professor of education at Arcadia University in Glenside, Pa

Pa.,
Stallworth agreed: "Try
not to solve those problems. Instead, listen to
them and encourage and
empower them to get
through it."

I learned the wisdom of those words from my own children. Soon after my younger son started middle school, he came home one day utterly dejected, saying that he had no friends. Ever the helpful mom, I proposed having a pizza party and inviting all the kids in his home-

room as a way to make friends.

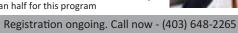
Fortunately my wise older son, already in high school, warned me to stay out of it and let his little brother make his own friends. He was right. Needless to say, within a few weeks, my younger son had more friends than he'd had in elementary school. Staying out of it was definitely the best thing I could have done.

"We should feel like we can engage in conversations about learning, why things are designed the way they are and what the goals are."

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Favre hits new low as a Viking follows or win

• Quarterback has four turnovers, posts 44.3 rating in loss to Miami Minnesota falls to 0-2, coach says he expects increased urgency



When Brett Favre made the decision, finally, to return for a 20th NFL season, he made it clear from the start that duplicating last year's magic with the Minnesota Vikings wasn't

going to be easy.

Then again, he didn't think it was going to be this hard.

Favre was intercepted three times and the Miami Dolphins defence stopped Adrian Peterson on fourthand-goal from the 1 to preserve a 14-10 victory over the Vikings yesterday.

After throwing two interceptions the Metrodome all of last sea-son, Favre accounted for four turnovers in the 2010 home opener, with the other a fumble on a sack



by Cameron Wake in the end zone that Dolphins linebacker Koa Misi recovered to give Miami a 14-0 lead in the third quarter.

"It's just hard to repeat those type of numbers and statistics and it's hard to repeat wins," Favre said of 2009, when the Vikings went 9-0 at home and he threw 33 touchdowns and seven interceptions to lead them to the NFC title game.

The offence had trouble clicking at the start of last season too, but games against pushovers Cleve-land and Detroit helped the Vikings start 2-0.

This year, with openers against the New Orleans Saints and Dolphins, and with star receiver Sidney Rice out with a hip injury and several other key players missing big chunks of time in the pre-season with ailments, the Vikings have dug themselves quite a hole with sloppy performances on offence.

"It was more what we didn't do than what they did, but I give those guys credit," Favre said.

The 40-year-old Favre had his worst day as a Viking with a 44.3 quarterback rating. Two of his interceptions came at the Miami goal line. One came on a tipped ball and another on what appeared to miscommunication with Bernard Berrian.

But the end result is the same - the Vikings are 0-2, with a game against the Detroit Lions before a daunting post-bye schedule awaits.
"I don't think any of

these guys are panicked," coach Brad Childress said. "But I do feel like the

urgency will definitely

THE ASSOCIATED PRESS

Coach's heart attack

Michigan State coach Mark Dantonio had a mild heart attack and was hospitalized yesterday morning, shortly after calling an audacious fake field goal to beat Notre Dame in overtime.

The 54-year-old Dantonio had surgery to put a stent in a blocked blood vessel leading to the heart. He's expected to remain in the hospital a few more days, and offensive co-ordinator Don Treadwell will lead the team during Dantonio's indefinite absence.

"This morning, in the very early hours, not long after the football game, coach Dantonio began experiencing some symptoms," said Dr. Chris D'Haem, who performed the relatively common procedure to restore blood flow. "Fortunately, his heart damage is very minimal. He's going to do very well and we're very optimistic he'll have a full recovery."

The Spartans defeated Notre Dame 34-31 in a game that ended just before midnight Saturday night. After Michigan State lined up for a 46-yard field goal that could have forced a second overtime. holder Aaron Bates threw a pass to Charlie Gantt for a winning touchdown.

D'Haem said Dantonio began experiencing symptoms of a heart problem around 12:30 a.m., including a squeezing sensation in his chest.

"Fortunately, he got in in a very timely fashion, D'Haem said.

THE ASSOCIATED PRESS



Quoted



"It's always disappointing when the plavoffs are starting and you're not one of the teams in it. We set out goals of making the playoffs and the **World Series.**" BLUE JAY JOHN MCDONALD,

AFTER TORONTO WAS MATHEMATICALLY ELIMINATED FROM THE PLAYOFF RACE YESTERDAY WITH A 6-0 LOSS TO BOSTON.

Sanchez shines in win over Patriots

Mark Sanchez and the New York Jets finally played like the team coach Rex Ryan says can win the Super

Sanchez outdueled Tom Brady with a career-high three touchdown passes and the Jets overcame the loss of Darrelle Revis to beat the New England Pa-

triots 28-14 yesterday. Sanchez completed a career-high 21 passes on 30 attempts for 220 yards and connected with Braylon Edwards, Jerricho Cotchery and Dustin Keller for

THE ASSOCIATED PRESS

Number of field goals made by Bengals kicker Mike Nugent in Cincinnati's 15-10 win over Baltimore, a career high for him. He connected from 36 and 30 yards for a 6-0 halftime lead, then from 46, 38 and 25 yards in the second half.





MLB

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Kansas City 6 Cleveland 4
Oakland 6 Minnesota 2
Seattle 2 Texas 1
Detroit 9 Chicago White Sox 7 (11 ings)
Saturday's results
Toronto 4 Boston 3
Minnesota 4 Oakland 2
Detroit 6 Chicago White Sox 3

Detroit 6 Chicago White Sox 3 N.Y. Yankees 11 Baltimore 3 Cleveland 6 Kansas City 4 Tampa Bay 4 L.A. Angels 3 (10 ings) Texas 6 Seattle 1

Tampa Bay 4 L.A. Angels 3 (10 ings)
Texas 6 Seattly
Tonight's games
(All times Eastern)
Kansas City (Greinke 9-12) at Detroit (Porcello
9-11), 705 p.m.
Tampa Bay (Garza 14-8) at N.Y. Yankees (Nova
1-0), 705 p.m.
Tampa Bay (Garza 14-8) at N.Y. Yankees (Nova
1-0), 705 p.m.
Baltimore (Matusz 8-12) at Boston (Matsuzaka) 9-5), 7:10 p.m.
Cleveland (J. Gomez 3-4) at Minnesota
(Duensing 9-2), 8:10 p.m.
Chicago White Sox (Floyd 10-13) at Oakland
(G.Gonzale 14-9), 10:05 p.m.
Texas (O.Holland 3-3) at L.A. Angels
(Jer-Weaver 12-11), 10:05 p.m.
Tomorrow's games
Kansas City at Detroit, 7:05 p.m.
Tampa Bay at N.Y. Yankees, 7:05 p.m.
Seattle at Tomoto, 7:07 p.m.
Baltimore at Boston, 7:10 p.m.
Cleveland at Minnesota, 8:10 p.m.
Chicago White Sox at Oakland, 10:05 p.m.
Texas at L.A. Angels, 10:05 p.m.

WILD CARD

puano 3-4), 8:10 p.m. Tomorrow's games Atlanta at Philadelphia, 7:05 p.m. Atlanta at Philadelphia, 7:05 p.m. St. Louis at Pittsburgh, 7:05 p.m. NY. Mets at Florida, 7:10 p.m. San Francisco at Chicago Cubs, 8:05 p.m. Cinclinnati at Milwaukee, 8:10 p.m. Colorado at Arizona, 9:40 p.m. San Diego at L.A. Dodgers, 10:10 p.m. MATIONAL LEACHE

Yesterday's results Atlanta 6 N.Y. Mets 3 Chicago Cubs 13 Florida 3 Pittsburgh 4 Arizona 3 Philadelphia 7 Washington 6

Colorado 12 L.A. Dodgers 2 San Diego 8 St. Louis 4 Pittsburgh 9 Arizona 6

Cincinnati 11 Houston 1 Philadelphia 5 Washington 2

Milwaukee 2 San Francisco 1

Today's games St. Louis (C.Carpenter 15-7) at Florida (Vol-

St. Louis (C.Carpenter 15-7) at Fiornad vol-stad 9-9), 3:10 p.m. Atlanta (Jurrjens 7-6) at Philadelphia (Hamels 11-10), 7:05 p.m. Houston (Norris 8-8) at Washington (Li.Her-nandez 10-11), 7:05 p.m. Cincinnat (HaBailey 3-3) at Milwaukee (Ca-puano 3-4), 8:10 p.m. Tomorrow's aames

Chicago Cubs 5 Florida 3

Philadelphia 7 Washington 6 Houston 4 Cincinnati 3 St. Louis 4 San Diego 1 San Francisco 9 Milwaukee 2 L.A. Dodgers 7 colorado 6 (11 ings) Saturday's results Atlanta 4 N.Y. Mets 2

AMERICAN LEAG	UE			NATIONAL LEA					
	W	L	Pct	GB		W	L	Pct	(
Tampa Bay	89	59	.601		Atlanta			.573	
Boston	83	66	.557	6.5	San Diego Colorado	83		.557	-
Chi White Sox	79	70	.530	10.5	St. Louis			.520	
					NY Mets	74	76	.493	12

AMERICAN LEAGUE

RED SO	Χé	j,	BI	LU	E JAYS 0	1			
Toronto	ab	r	h	bi	Boston	ab	r	h	bi
McCoy If	2	0	1	0	Kalish cf	4	0	0	0
YEscor ss	3	0	0	0	J.Drew rf	4	1	1	
JBautst rf	4	0	0	0	Reddck rf	0	0	0	0
V.Wells cf	4	0	1	0	VMrtnz c	4	1	2	
Overay 1b	4	0	1	0	D.Ortiz dh	4	0	0	0
J.Buck c	4	0	0	0	Lowell 1b	4	0	1	0
Encrnc 3b	4	0	0	0	LAndrs 1b	0	0	0	0
Arencii dh	3	0	0	0	Lowrie ss	4	1	1	0
JMcDnl 2b	4	0	2	0	Hall 2b	4	1	2	0
Nava If	3	1	1	1					
YNavrr 3b	2	1	1	1					
Totals	32	0	5	0	Totals	33	6	9	5
Toronto					000 000	000	-	0	
Boston					000 150	00x	-	6	
F-McCov	(2).	LC	B.	—Т	oronto 9. Bos	ston 4	1.2	B-	_

Hall (12), Nava (13). HR—J.Drew (19), V.Mar-

	IP	Н	R	ER	BB	S0				
Toronto										
Marcum L,12-8	51-3	9	6	6	0	3				
Mills	12-3	0	0	0	1	0				
T.Buchholz	1	0	0	0	0	0				
Boston										
Lester W,18-8	7	4	0	0	4	4				
Atchison	1	1	0	0	0	1				
Coello	1	0	0	0	0	1				
Umpires-Home	, Greg Gi	bso	n; Fi	rst, B	rian					
Knight: Second, Gerry Davis: Third, Sam Hol-										

CFL

WEEK 12

EAST DIVIS	IUN					
	GP	W	L	Т	PF	į
Montreal	11	8	3	0	344	2

brook. T—2:37. A—37,234 (37,402) at Boston.

	GP	W	L	Т	PF PA	Pt
Montreal	11	8	3	0	344 250	16
Hamilton	11	6	5	0	270 286	12
Toronto	11	6	5	0	237 293	12
Winnipeg	11	3	8	0	291 290	6
WEST DIVI	SION					
	GP	W	L	Т	PF PA	Pt
Caleani	11		-		207 245	10

Calgary Saskatchewan B.C. 11 9 2 0 396 245 11 7 4 0 321 304 11 3 8 0 276 295 11 2 9 0 200 372 Yesterday's results Toronto 17 Winnipeg 13

Montreal 31 Edmonton 14 Saturday's result Hamilton 35 B.C. 31 Friday's result

Saskatchewan 43 Calgary 37 (OT)

WEEK 13 (All times Eastern) Friday, Sept. 24 Montreal at Winnipeg, 8 p.m. Saturday, Sept. 25 Saskatchewan at Hamilton, 6:30 p.m. B.C. at Calgary, 9:30 p.m.

Sunday, Sept. 26 Edmonton vs. Toronto (at Moncton, N.B.), 12 p.m.

NFL

WEEK 2

AMERICAN CONFERENCE

EASI						
Miami N.Y. Jets New England Buffalo	W 2 1 1	L 0 1 1	0 0 0 0	Pct 1.000 .500 .500 .000	PF 29 37 52 17	PA 20 24 52 49
SOUTH						
Houston Jacksonville Tennessee Indianapolis	2 1 1	0 1 1	0 0 0	1.000 .500 .500 .500	64 37 49 62	51 55 32 48
NORTH						
Pittsburgh Cincinnati Baltimore Cleveland	2 1 1 0	0 1 1 2	0 0 0	1.000 .500 .500 .000	34 39 20 28	20 48 24 33
WEST						
Kansas City San Diego Denver Oakland	2 1 1 1	0 1 1	0 0 0	1.000 .500 .500 .500	37 52 48 29	28 34 38 52
NATIONAL	CO	NFI	ERI	ENCE		

EAST

		vv	L		PCC	PF	PA
Washi	ngton	1	1	0	.500	40	37
N.Y. G	iants	1	1	0	.500	45	56
Philad	elphia	1	1	0	.500	55	59
Dallas		0	2	0	.000	27	40
SOU	TH						
Tampa	Bay	2	0	0	1.000	37	21
New C	rleans	1	0	0	1.000	14	9
Atlant	a	1	1	0	.500	50	22
Caroli	na	0	2	0	.000	25	51
NOR	TH						
Chicag	10	2	0	0	1.000	46	34
Green	Bay	2	0	0	1.000	61	27
Detroi	t	0	2	0	.000	46	54
Minne	sota	0	2	0	.000	19	28
WES	T						

Arizona 1 1 1 C San Francisco 0 1 1 C St. Louis 0 2 C Yesterday's results Atlanta 41 Arizona 7 Chicago 27 Dallas 20 Cincinnati 15 Baltimore 10 Denver 31 Seattle 14 Green Bay 34 Buffalo 7 Houston 30 Washington 27 (OT) Kansas City 16 Cleveland 14

Miami 14 Minnesota 10 Mlami 14 Minnesota 10 N.Y. Jets 28 New England 14 Oakland 16 St. Louis 14 Philadelphia 35 Detroit 32 Pittsburgh 19 Tennessee 11 San Diego 38 Jacksonville 13 Tampa Bay 20 Carolina 7 Indianapolis 38 N.Y. Giants 14

Tonight's game New Orleans at San Francisco, 8:30 p.m.

BETTING

MONDAY SEDT 20

PRO LINE LOTTERY ODDS

IVIO	ואטווי	, JLF I.	20								
No.	SPT	VIS	HOME	V+	V	T	н	H+	0	#	U
16	FTB	NWO	SF	2.00	1.50	3.50	3.70	4.80	1.80	44.5	1.60
40	BBL	STL	FLA	1.75	1.45	3.00	2.10	2.50	2.00	8.5	1.50
41	BBL	ATL	PHI	2.60	2.20	3.00	1.40	1.70	2.00	8.5	1.50
42	BBH	JHEY	UTLY	2.40	2.20	3.00	2.00	2.20	_	_	-
43	BBL	HOU	WAS	2.40	2.00	3.00	1.50	1.80	1.90	8.5	1.55
44	BBL	KC	DET	2.20	1.80	2.80	1.60	1.90	_	_	-
45	BBL	TB	NYY	2.20	1.80	2.80	1.60	1.90	1.80	9.5	1.60
46	BBH	CRAW	RCAN	2.60	2.30	3.20	1.90	2.10	_	_	-
47	BBL	BAL	BOS	2.60	2.20	3.00	1.40	1.70	1.80	9.5	1.60
48	BBL	CIN	MIL	1.85	1.55	2.90	1.90	2.30	1.60	8.5	1.80
49	BBH	JVOT	FIEL	2.00	1.80	3.40	2.40	2.80	_	_	-
50	BBL	CLE	MIN	3.60	2.80	3.20	1.20	1.30	1.80	8.5	1.60
51	BBL	CWS	OAK	2.50	2.10	3.00	1.45	1.75	_	_	-
52	BBL	TEX	LAA	2.50	2.10	3.00	1.45	1.75	_	_	-
88	SCR	GETF	DEP	_	2.80	3.00	2.20	_	_	_	-
In th	e event o	of any disc	repancy bet	ween this	informa	tion and	odds av	ailable :	from OL	G, the l	atter
shall	prevail.										

GOLF

NATIONWIDE BOISE OPEN

At Boise, Idaho	
Par 71	
Final Round	
Hunter Haas, \$130,500	68-64-67-64-263
Daniel Summerhays, \$78,300	67-65-64-68-264
Jhonattan Vegas, \$34,800	68-66-67-66-267
Keegan Bradley, \$34,800	66-67-66-68-267
Kirk Triplett, \$34,800	67-66-65-69-267
John Mallinger, \$34,800	68-66-64-69-267
Jamie Lovemark, \$23,381	66-70-68-64-268
Patrick Sheehan, \$23,381	69-66-67-66-268
D.J. Brigman, \$18,850	67-68-68-66-269
Brendan Steele, \$18,850	71-65-67-66-269
Jonathan Kaye, \$18,850	68-68-67-66-269
Kyle Stanley, \$18,850	66-68-68-67-269
Bobby Gates, \$14,500	68-67-70-65-270
Zack Miller, \$14,500	67-69-65-69-270
Kevin Chappell, \$11,600	67-69-69-66-271
Mark Anderson, \$11,600	69-66-68-68-271
Jeff Gove, \$11,600	71-66-66-68-271
Michael Putnam, \$11,600	66-64-72-69-271
Peter Tomasulo, \$11,600	65-63-71-72-271
Jarrod Lyle, \$8,149	68-69-70-65-272
Gavin Coles, \$8,149	65-69-69-69-272
Scott Parel, \$8,149	67-67-69-69-272

Scott Parel, \$8,149 Also Barrett Jarosch, \$5,531 David Hearn, \$2,741 Ted Brown, \$2,266

CYCLING

SPANISH VUELTA

SPANISH VUELTA
At Madrid
Final Stage
1. Tyler Farrar, U.S., Garmin-Slipstream, 2
hours, 2 minutes, 24 seconds; 2. Mark
Cavendish, Britain, Team HTC-Columbia, same
time; 3. Allan Davis, Australia, Astana, same
time; 4. Wouter Weylandt, Belgium, Quidstep, same time; 5. Matthew Harely Goss,
Australia, HTC-Columbia, same time;
Einal Standiens

Final Standings Individual (Red Jersey)

Individual (Red Jersey)

1. Vincenzo Nibali, Italy, Liudigas-Doimo, 87
hours, 18 minutes, 33 seconds; 2. Ezequiel
Mosquera, 5pain, Xacobeo Galicia, 41 seconds
behind; 3. Peter Veillits, Slovakia, HTC-Columbia, 3:02; 4. Joaquin Rodriguez, Spain, Team
Katusha, 4:20; 5. Frank Schleck, Luxembourg,
Team Savo Bank, 4:43
Team (Grey Bib)

1. Team Katusha, 261 hours, 48 minutes, 4
seconds; 2. Calses of Eparqne, 33 seconds behind; 3. Xacobeo Galicia, 12:33

WTA BELL CHALLENGE

At Quebec City Yesterday's results Singles Championship

TENNIS

Tamira Paszek, Austria, def. Bethanie Mattek-Sands, U.S., 7-6 (6), 2-6, 7-5.

Doubles Championship Sofia Arvidsson and Johanna Larsson, Swe-den, def. Bethanie Mattek-Sands, U.S., and Barbora Zahlavova Strycova (1), Czech Repub-lic, 6-1, 2-6, 10-6 tiebreak.

WTA TOUR GUANGZHOU INT'L OPEN

At Guangzhou, China Yesterday's results Singles Champiosnhir

Jarmila Groth (1), Australia, def. Alla Kudryavtseva, Russia, 6-1, 6-4. Doubles

Championship Edina Gallovits, Romania, and Sania Mirza, India, def. Han Xinyun and Liu Wanting, China, 7-5, 6-3.

TRANSACTIONS

FOOTBALL

NEW ENGLAND PATRIOTS — Signed RB-WR Danny Woodhead.

SOCCER

EASTERN CONFERENCE

	GP	W	L	Т	GF	GΑ	P
Columbus	25	13	7	5	33	27	44
New York	25	13	8	4	32	27	4
Toronto FC	25	8	10	7	24	28	3:
Kansas City	23	8	9	6	24	24	30
Chicago	23	6	9	8	28	31	26
New England	24	7	14	3	24	41	24
Philadelphia	24	6	12	6	27	39	24
D.C.	25	5	17	3	17	39	18

WESTERN CONFERENCE

	GP	W	L	Т	GF	GA	Pt
Los Angeles	25	15	5	5	38	19	50
Real Salt Lake	25	13	4	8	38	16	47
FC Dallas	24	11	2	11	31	19	44
Colorado	24	10	7	7	32	24	37
San Jose	23	10	7	6	25	23	36
Seattle	25	10	9	6	30	29	36
Chivas USA	24	7	13	4	25	31	25
Houston	24	6	13	5	29	40	23
Voctorday/c vocu	14						

Yesterday's result Kansas City 2 Chivas USA 0 **Saturday's results** Toronto FC 2 Houston 1

Colorado 3 New England 0 Los Angeles 2 D.C. United 1 Real Salt Lake 1 Chicago 0 Seattle FC 4 Columbus 0

ENGLAND

PREMIER LEAGUE

Yesterday's results Manchester United 3 Liverpool 2 Wigan 0 Manchester City 2 Chelsea 4 Blackpool 0 Blackburn 1 Fulham 1

Everton 0 Newcastle 1 Tottenham 3 Wolverhampton Wanderers 1 West Bromwich Albion 3 Birmingham 1 Sunderland 1 Arsenal 1

ITALY

SERIE A

Yesterday's results Bari 0 Cagliari 0 Cesena 1 Lecce 0 Chievo Verona 0 Brescia 1 Chievo Verona O Bresciai Palermo 1 Inter Milan 2 Parma 1 Genoa 1 AS Roma 2 Bologna 2 Udinese O Juventus 4 Sampdoria 1 Napoli 2 Saturday's results Fiorentina 1 Lazio 2 AC Milan 1 Catania 1

SPAIN

LA LIGA

Hercules 1 Valencia 2 Racing Santander 2 Zaragoza 0 Levante 1 Villarreal 2 Atletico Madrid 1 Rarcelona 2 Malaga 1 Sevilla 2 Malaga 1 Sevilla 2 Saturday's results Espanyol 1 Almeria 0 Mallorca 2 Osasuna 0 Sporting Gijon 2 Athletic Bilbao 2 Real Sociedad 1 Real Madrid 2

GERMANY

BUNDESLIGA

Wolfsburg 2 Hannover 0 Kaiserslautern 2 Hoffenheim 2

Yesterday's results St. Pauli 1 Hamburg 1 Schalke 1 Borussia Dortmund 3 Bayer Leverkusen 0 Nuremberg 0 Bayern Munich 0 Cologne 0 Werder Bremen 0 Mainz 2 Stuttgart 7 Borussia Moenchengladbach 0

NOT JUST A CLUB, IT'S THE CLUB.



IOIN CLUB METRO TODAY! CLUBMETRO.COM

18

52

Crossword

- 1 Ochocinco of the NFL 5 Half a score
- 8 Slam-dance 12 Tax
- 13 "— Little Teapot"
- 14 Busy with
- 15 Ugandan despot
- 16 One of the Caesars 18 Render weaponless
- 20 Broken-bone sup-
- port
- 21 Tsp. or tbsp.
- 23 [With errors unchanged]
- 24 Monarch with limit-
- less power
- 28 Pinches
- 31 Eisenhower
- 32 Forest trees
- 34 Rd. 35 Reps.' rivals
- 37 Group of spectators
- 39 Energy 41 "Grease" actress
- Conn
- 42 Showed off the muscles
- 45 Country
- 49 Viennese, for instance
- 51 Base runner's goal
- 52 Assess
- 53 Needle hole
- 54 Rams' mates
- 55 Has to
- 56 Aachen article

57 Carry on

Down

- 1 Dressed (in)
- 3 Bird. to Brutus

- 4 Forceful person
- 5 Jamaican coffee

2 Half (Pref.)

- - maker 26 Storms

27 Swanson product

- 6 Ostrich's cousin 7 Complains constantly 8 Curtain fabric
- 9 One with a lot of contacts?
- 10 Dazzle 11 Emcee
- 17 Boom times 19 LP's and CD's
- (Abbr.) 22 Health (Sp.)
- 24 Help 25 43-Down music-

- 29 Insulation material for short
- 30 Witness 33 Verdi opera 36 Two trios
- 38 This or that, it does n't matter which
- 40 Apiece 42 MacDonald's place
- 43 Waikiki wingding 44 Conked out 46 "The Music Man"
- setting 47 Portent
- 48 Bird's home

50 Nay opposer

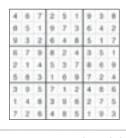
Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶



KISS Send a

Show some love! Send a note to somebody special at kiss@metronews.ca

Dear Buntsy, You made me the happiest girl in the world, defined my life and I'd be incomplete without you. We started out under the stars and look how far we've come, happy one year babe! I love you so much! YOUR ONE AND ONLY, BILLSY

Snugglemuffin, you are the Justin to my Bieber. You are my little sassy cutie pie. You mean everything to me. Please stay with me forever., and ever. LOVE, GUBE.

Ryan, through the year that we've been together, I love vou more each day. You always have a way to make me smile, and you make me truly happy. I cannot picture my life without you, you will always be special to me. I love you so much boo. xo LOLGA

Nick G.....you are the biggest sweetie. Can't wait to see you again. xoxo

Today's horoscope

T Aries March 21-April 20 No matter what happens over the next few days you must not let anything get to you emotionally. Not that anything drastic is likely to happen but expect some interesting challenges.

¥ Taurus April 21-May 21

Make a conscious effort to control your response. Don't react to provocation. The main danger now is that if you go too far you will make enemies of people who should have heen friends

II Gemini May 22-June 21 It's

good to be assertive but not so good to be aggressive, so watch how you act today. More importantly, watch how you react to people who seem slow or stupid.

Gancer June 22-July 22 You

may get tempted to act in ways that not only run contrary to your beliefs but also to what is in your best interests. Imagine the powers that be are watching you every moment — and act accordingly.

be able to come and go as you please today, and your options are likely to be limited until Thursday. After that though you can do as you please.

MY Virgo Aug. 24- Sept. 22 Cosmic activity in and around the money area of your chart makes this a good time to improve your cash flow situation. However, you must not do anything rash. Your plans must be sensible.

Ω **Leo** July 23-Aug.23 You won't

➤ Yesterday's answer



A look at the weather

TODAY Min 1°

2 Max 7

TUESDAY Min 0°

Min 1° Max 12°

WEDNESDAY

Caption

Andrew Schultz. Meteorologist "I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". WEEKDAYS 6AM



Max 7° For today's crossword answers and for

← Libra Sept. 23-Oct. 23 You need to get tough with someone who is trying to play on your emotions — and, by the look of things, succeeding quite well. Don't waste time heina subtle

expanded horoscopes, go to metronews.ca

M Scorpio Oct. 24-Nov. 22 No one expects you to be good at everything so why expect it of yourself? If you pretend to know what you are doing today you will regret it. Ask for assistance and you'll get it.

Nov. 23-Dec. 21 Fate seems to be smiling on you at the moment and it will smile even more on the 23rd. However, don't take too much for granted and don't push your luck too far today. Smiles can fade.

り Capricorn Dec. 22-Jan. 20

What happens over the next few days will do wonders for your reputation, so long as you know what it is that you want and so long as you are ready to seize the opportunity when it arrives.

Aquarius Jan. 21-Feb. 18 Even if you say something outrageous today you will most likely get away with it, but only in the short-term. Make sure you think before you speak.

H Pisces Feb. 19-March 20 Issues to do with your wealth will figure prominently this week, but whether that is a good or a bad thing depends on the decisions you make today and tomorrow. SALLY BROMPTON

contest 'Game on, buddy, too late to tie your shoe!" SIMON DORER

You write it!

Write a funny cap

tion for the image to the right and send it to plav@metronews.ca the winning caption will be published in tomorrow's Metro.





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